

SUCCESS STORY

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“Taylor I just wanted to thank you for all your help during the edge challenge. I wasn't sure when I would find the time to do it between working two jobs, raising my kids and planning a Wedding. But you told me I could do it. I didn't realize what a great experience it would be and that I would be hooked!”

Client Joyce and Trainer Taylor Kelsey | Hamden EDGE



*Testimonials are not intended to represent or guarantee anyone will receive the same or similar results. Individual results may vary based on a variety of factors.