

SUCCESS STORY

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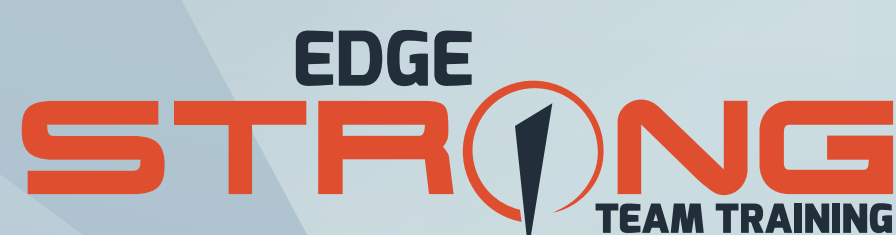


Fit Mom- 20 Lbs Down!

I joined the gym 18 months after giving birth to twins , because it was time for me to make a life change. I needed to lose weight and get stronger!

My trainer Amy and I have been stuck like glue since November 2015. She's extremely passionate about her job and dedicated to her clients .The days I'm not working out with her , I hear her in my head saying, "Go faster! Push harder!" She keeps me going.

Although I have a long way to go, I owe it all to Amy! She's been an amazing Edge Challenge Captain. Maybe I haven't won The Edge Challenge , but I'm winning everyday, as Amy has helped me on so many levels. Thank you Amy for supporting me and pushing me through my fitness journey!



*Testimonials are not intended to represent or guarantee anyone will receive the same or similar results. Individual results may vary based on a variety of factors.