

SUCCESS STORY

at the



**THE
EDGE**
FITNESS CLUBS



“I joined The Edge last January, weighing 187 lbs. I booked my Complimentary Fitness Assessment, and I loved it! I continued Personal Training once a week with best trainer ever, Jimmy Beeman! He helped me a lot. I joined The Edge Challenge as well, and I cannot be happier I made the decision to do it! I currently weigh 136lbs, and went from a size 14 to a size 6! I feel wonderful, and will keep on doing what I started.”

-Teresa Mambagalendez, Stratford Edge Member



*Testimonials are not intended to represent or guarantee anyone will receive the same or similar results. Individual results may vary based on a variety of factors.