

SUCCESS STORY

at the



**THE
EDGE**
FITNESS CLUBS



Before



After

"I started training with Jamal in October 2015. Since then I've lost over 35lbs and 4 dress sizes. I am stronger, enjoy working out more and learned to make healthier choices. Thank you Jamal – You are an inspiration!"

-Cary Neri, Shelton Edge Member



*Testimonials are not intended to represent or guarantee anyone will receive the same or similar results. Individual results may vary based on a variety of factors.